

PERSONAL CONTRACT

@corymuscara

I, _____, PROMISE MYSELF A COMMITMENT OF **ONE WEEK** TO THE TASK OUTLINED BELOW. I UNDERSTAND THIS CONTRACT IS 100% BINDING AND CAN ONLY BE BREACHED IN CIRCUMSTANCES OUTWEIGHING THE VALUE OF MY WORD TO MYSELF. I AGREE THAT I HAVE REVIEWED THE CIRCUMSTANCES THAT FALL WITHIN THIS CATEGORY AND HAVE UNDERTAKEN THE DESIGNATED RITUAL(S) FOR CONFIRMING THE SACROSANCT NATURE OF THIS COMMITMENT.

TASK:

PRINTED NAME

START DATE & TIME

SIGNATURE

END DATE & TIME
